

Load Management in the NBA

By Amanda Shapiro
and Jackson Parr





- Nic Claxton (right hamstring tightness) – OUT
- Kyrie Irving (left adductor tightness) - OUT
- Seth Curry (left ankle - injury management) – OUT
- Ben Simmons (left knee/calf - injury management) – OUT
- Royce O'Neale (left knee – injury management) – OUT
- Joe Harris (left ankle - injury management) – OUT
- Kevin Durant (right knee - injury management) – OUT
- T.J. Warren (left foot - injury management) – OUT



Brooklyn Nets 🏆
@BrooklynNets

Status Report for tonight's game vs. Atlanta

STATUS



HSS

Hosp Special Surgery

11:08 AM · 12/9/22







**What if this
were you?**







Name	Reasons for Game Absence	Games Missed	Money Earned While Injured
Khris Middleton	Injury Management/Knee/Wrist	43	\$19,410,366
Kawhi Leonard	Injury Management/Illness/Ankle Adductor/Injury	27	\$11,233,660
Jonathan Isaac	Management/Knee/Hamstring	51	\$10,600,000
Devin Booker	Injury Management/Groin/Hamstring	27	\$10,305,585
James Harden	Injury Management/Foot	17	\$6,827,580
Jimmy Butler	Back/Ankle/Illness/Injury Management/Knee/Hip	14	\$6,491,940
Damian Lillard	Calf/Injury Management	12	\$6,105,250
Danny Green	Injury Management/Knee ACL	51	\$6,091,926
Daniel Theis	Thumb/Injury Management/Knee	54	\$5,396,544
Bogdan Bogdanovic	Knee/Quad/Injury Management	25	\$5,172,400
Jaren Jackson Jr.	Injury Management/Foot/Thigh	17	\$5,157,160
Klay Thompson	Injury Management/Knee/Achilles Hamstring/Ankle/Knee/Injury	11	\$5,133,348
Robert Williams III	Management/Illness	39	\$4,679,776
Zion Williamson	Hamstring/Ankle/Hip/Injury Management	34	\$5,911,736



What do the players think?







**Current
Model**



**Solution
Model**



Alternatives



Conclusion

Sample NBA Month (GSW)

- 31 Days
- 15 games
- 4 back-to-back series

	SUN	MON	TUE	WED	THU	FRI	SAT	
DECEMBER 2022					1	▲ 2 CHI 7:00P	3 HOU 5:30P	
	4	5 IND 7:00P	6	7 UTA 6:00P	8	9	10 ■ BOS 5:30P	
	11	12	13 ● MIL 4:30P ● IND 4:00P		14	15	16 ▲ PHI 4:30P	17
	18 TOR 3:00P	19	20 ● NYK 4:30P ● BKN 4:30P		21	22	23	24
	25 ■ MEM 5:00P	26	27 ★ CHA 7:00P UTA 7:00P		28	29	30 ★ POR 7:00P	31



**Current
Model**



**Solution
Model**



Alternatives









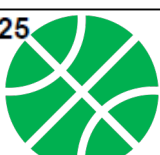
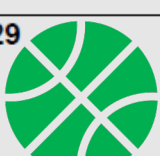


Conclusion

+30 Day Proposal Sample Month

- +30 Days to the Season
- 2.9 games per week overall
 - Down .6 from 22-23'
- AVG 10.6 game days, 19.4 rest days

JANUARY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Year's Day 	2	3 	4	5	6	7 
8	9	10 	11	12 	13	14
15	16 MLK Day 	17	18	19 	20	21
22 Chinese New Year	23 	24	25 	26	27	28
29 	30	31				



**Current
Model**



**Solution
Model**



Alternatives



Conclusion

Other Alternatives?

82



72 Games

3/20 20 23

PAY TO THE ORDER OF Anthony "The Brow" Davis \$ 491,000

four hundred ninety-one thousand dollars DOLLARS

MEMO Game check

⑆1234567890⑆ ⑆7890⑆5673⑆



Conclusion





Thanks for
listening!